

# **Executive Health Check-up Basic Health Screening**

PKR.19, 600/-



This base line health screening package enables to asses an overall health condition.

- CBC & ESR
- Blood Grouping
- Blood Sugar Fasting
- Lipid Profile
- Liver Function Tests
- Serum Calcium
- Vitamin D
- Urine D/R
- Stool D/R

#### Other Investigations

- ECG
- X-ray Chest

#### **Consultations & Examinations**

- Physician's Consultation & Check-up
- Optometrist's Review
- Dental Examination
- Nutritional Counselling

#### Instructions for Patients

- Appointment should be taken a week before.
- At least 12 hour fasting is required before the tests.
- Wear comfortable clothes and shoes.

## **Book Your Appointment Today!**

Phone: 021-34413199 & 0300-0653213 Email: executive.screening@lnh.edu.pk







<sup>\*</sup>Breakfast (After Sample Collection)



# Executive Health Check-up Health Screening for Men

PKR. 12, 800/-



This health screening package is customized for men to be motivated in maintaining their overall health and encourage long-term health and wellness.

- CBC & ESR
- Blood Sugar Fasting
- Lipid Profile
- Prostate Specific Antigen

#### Other Inverstigations

- Ultrasound Prostate
- ECG

#### **Consultations & Examinations**

Urologist Consultation & Examination

\*Breakfast (After Sample Collection)

#### Instructions for Patients

- Appointment should be taken a week before.
- At least 12 hour fasting is required before the tests.
- Wear comfortable clothes and shoes.

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# **Executive Health Check-up** Well Women Health Screening

PKR. 20, 500/-



This package is tailored for women to assess different components of their health and fitness.

- CBC & ESR
- Blood Sugar Fasting
- Lipid Profile
- Serum Calcium
- Vitamin D
- Pap Smear Test/ HbA1c (if unmarried)

#### Other Investigations

- Ultrasound Pelvis
- Screening Mammography

#### **Consultations & Examinations**

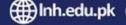
- Gynaecologist's Consultation & Check-up
- Breast Surgeon's Consultation & Check-up
- Nutritional Counselling \*Breakfast (After Sample Collection)

#### Instructions for Patients

- Appointment should be taken a week before.
- At least 12 hour fasting is required before the tests.
- Wear comfortable clothes and shoes.

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# **Executive Health Check-up** Adolescent Health Screening

PKR. 13, 900/-



This health Screening Package is advisable for adolescents (Aged 14 to 18 years) to assess their physical and emotional growth and development.

- Blood Grouping
- Lipid Profile
- Serum Calcium
- Vitamin D
- Urine D/R

#### Consultations & Examinations

- Adolescent Specialized Physician's Consultation & Check-up
- Optometrist's Review
- Dental Examination
- Nutritional Counselling
- Behavioral / Psychological Counselling

#### Instructions for Patients

- Appointment should be taken a week before.
- At least 12 hour fasting is required before the tests.
- Wear comfortable clothes and shoes.

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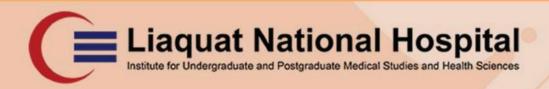








<sup>\*</sup>Breakfast (After Sample Collection)



# **Executive Health Check-up** Obesity Screening Package

PKR. 10,100/-

This screening uses Body Mass Index (BMI) and other investigations to detect any medical issue causing the excess weight that can put you at risk for a variety of serious health problems.

- CBC & ESR
- Blood Sugar Fasting
- Lipid Profile
- Liver Function Tests
- Urine D/R
- Body Mass Index
- % Visceral Body Fat

#### Other Investigations

• FCG

#### Consultations & Examinations

- Physician's Consultation & Check-up
- Nutritional Counselling

\*Breakfast (After Sample Collection)

#### Instructions for Patients

- Appointment should be taken a week before.
- At least 12 hour fasting is required before the tests.
- Wear comfortable clothes and shoes.

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# **Executive Health Check-up**

Comprehensive Health Screening for Females aged above 50 years

PKR. 43,100/-

This health screening is an important element of disease prevention in women over 50 years of age to evaluate conditions that can be a cause of any significant morbidity and mortality in this age group.

- CBC & ESR
- Blood Grouping
- Blood Sugar Fasting
- HBA1C
- Urea/Creatinine & Electrolytes
- Lipid Profile
- Liver Function Tests
- Serum Calcium
- Vitamin D
- TSH
- Hepatitis 'B' Surface Antigen
- Anti HCV
- Urine D/R
- Stool D/R
- Pap Smear Test

\*Breakfast (After Sample Collection)

### Other Investigations

- ECG
- Echocardiogram
- X-ray Chest
- Ultrasound Pelvis
- Screening Mammography

#### Consultations & Examinations

- Physician's Consultation & Check-up
- Optometrist's Review
- Dental Examination
- Nutritional Counselling

#### Instructions for Patients

- Appointment should be taken a week before.
- At least 12 hour fasting is required before the tests.
- Wear comfortable clothes and shoes.

### **Book Your Appointment Today!**

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# **Executive Health Check-up**

Comprehensive Health Screening for Males aged above 50 years

PKR. 41, 400/-

This health screening is an important element of disease prevention in men over 50 years of age to evaluate conditions that can be a cause of any significant morbidity and mortality in this age group.

- CBC & ESR
- Blood Grouping
- Blood Sugar Fasting
- HBA1C
- Urea/Creatinine & Electrolytes
- Lipid Profile
- Liver Function Tests
- Serum Calcium
- Vitamin D
- TSH
- Hepatitis 'B' Surface Antigen
- Anti HCV
- Urine D/R
- Stool D/R
- Prostate Specific Antigen

\*Breakfast (After Sample Collection)

#### Instructions for Patients

- Appointment should be taken a week before.
- At least 12 hour fasting is required before the tests.
- Wear comfortable clothes and shoes.

### **Book Your Appointment Today!**

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Location: Senior Citizens Primary Care Unit, Liaquat National Hospital

#### Other Investigations

- ECG
- Echocardiogram
- X-ray Chest
- Ultrasound Prostate

#### Consultations & Examinations

- Physician's Consultation & Check-up
- Optometrist's Review
- Dental Examination
- Nutritional Counselling











# **Executive Health Check-up**

Cardiac Health Screening Package

PKR. 19,500/-



This health screening package enables to asses cardiac health condition.

- Lipid Profile
- BSR
- FBS
- Uric Acid
- Urine D/R
- CBC
- Creatinine

### **Other Inverstigations**

- ECG
- ECHO
- ETT

#### **Consultations & Examinations**

Cardiologist Consultation & Examination

\*Breakfast (After Sample Collection)

#### Instructions for Patients

- Appointment should be taken a week before.
- At least 12 hour fasting is required before the tests.
- Wear comfortable clothes and shoes.

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